Yoga classes will be starting this month in the clubhouse - classes will start on Jan 20. As a reminder, the classes are 1 hour and cost \$5. This is pay as you go, no committment required! The classes will be held on **Sunday morning (10 AM to 11 AM)** and **Wednesday afternoon (5 PM to 6 PM)**. Anyone who is interested in participating should either call Chris at <u>570.233.6018</u> or email <u>pwsocialcom@gmail.com</u>. Walk-ins are always welcome!

Zumba classes will be also be starting this month in the clubhouse - classes will start on Jan 24. We will only have classes on *Thursday evening (6:30 PM to 7:30 PM)* for the first few weeks, then we may add another day depending on interest. Classes are 1 hour and cost \$5, plus if you pay for 9 classes you get the 10th one free. This is pay as you go, no committment required! Anyone who is interested in participating should either call Chris at <u>570.233.6018</u> or email <u>pwsocialcom@gmail.com</u>. Walk-ins are always welcome!

ZUMBA CLASSES HAVE BEEN SUSPENDED BECAUSE OF INSUFFICIENT ATTENDANCE.

If you are interested in having them restart get a group of friends together willing to commit and contact pwsocialcom@gmail.com.

Grab your neighbors and come out to the clubhouse for some exercise. Hope to see you there!

PWCA SOCIAL COMMITTEE